



AMITY
UNIVERSITY
—LUCKNOW CAMPUS—



ACEPH
AMITY CENTRE OF EXCELLENCE
FOR POSITIVITY & HAPPINESS




THE 1ST INTERNATIONAL ONLINE CONFERENCE
ON HAPPINESS & POSITIVITY

**PERMANAND: PHILOSOPHY, PSYCHOLOGY
& PHYSIOLOGY OF HAPPINESS**

SEPTEMBER 28-30, 2022

Join Us Online!

India, Held online from Lucknow

A close-up photograph of pink cherry blossoms with green leaves, set against a blurred background. The flowers are in various stages of bloom, with some showing yellow stamens. The image is used as a decorative background for the text.

Welcome to the 1st International Conference on Happiness and Positivity titled **Permanand: Philosophy, Psychology, and Physiology of Happiness** organized by Amity Centre of Excellence for Positivity & Happiness (ACEPH) at Amity University Uttar Pradesh Lucknow Campus in India. As regards the theme of the conference, '**Parmanand**' is a compound word in **Sanskrit language** meaning happiness, bliss, and joy with focus on the element of permanence rather than just a momentary surge of delight. For this conference we have used the spelling of '**Parmanand**' as '**Permanand**' where 'PERMA' is an acronym for Seligman's theory of well-being and happiness and 'Anand' means 'Bliss' and 'Happiness' in Hindi language. For the present conference, Permanand and Happiness have been used synonymously and interchangeably.

The event will feature deliberations by the global leaders from academia, government and civil society who are devoted to Positive Psychology, Happiness, and Resilience. They will share their views and ideas through talks and hands-on workshops. At this conference, we are organizing 3 pre-conference workshops. The experts are from the field of healing, health, and happiness.

ORGANIZERS

MENTOR



Dr. Ashok K Chauhan
Founder President, RBEF

PATRON



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Additional President, RBEF,
Chancellor Amity University Rajasthan and Haryana
Chairman, AUUP, Lucknow Campus

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Professor and Dean Students Welfare
Director, Amity Center of Excellence for Positivity
and Happiness (ACEPH)

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Dr. Ritu Tripathi Chakravarty
Associate Professor, Amity Institute of Education
Center Coordinator, Amity Centre of Excellence
for Positivity and Happiness (ACEPH)

OBJECTIVES

1. To explore the meaning of Individual Happiness
2. To discuss conceptual and evidence-based research on philosophy, psychology and physiology of happiness
3. To open discussion on various dimensions, stages, tools, and techniques in the journey of happiness.
4. To initiate dialogue with concrete implementation plan on policy of happiness.
5. To understand the correlates of Happiness.
6. To create awareness and mechanism of radiating happiness within and around.
7. To bring multi-disciplinary perspectives of Happiness on a common platform.

SUB-THEMES

Submissions could be made in any of the following subthemes-

1. Happiness and social and community development
2. Happiness and Economics
3. Happiness, personal growth, development, and success.
4. Happiness and communication.
5. Happiness, art, fashion, and culture.
6. Measurement of happiness and factors affecting Global Happiness Index
7. Happiness and Education
8. Happiness and Health
9. Happiness and Relationships.
10. Recommendations, advocacy and policy initiatives at home, school and state levels.
11. Happiness and resilience
12. Happiness and Digital world
13. Happiness and Global Peace
14. Happiness and Skill Development
15. Happiness and Leadership
16. Any other related area

INVITED SPEAKERS



Dr T.S Powdyel
Former Minister of Education
Royal Government of Bhutan.



Dr Girishwar Misra
Fr. VC
MGAH University,
Wardha, India



Dr Tripti Sakhuja
Independent consultant and
Counselling Psychologist,
New Delhi, India



Prof B.L Dubey
Director, SIS Center
Anchorage, Alaska USA



Prof Priyadarshi Patnaik
Professor and Head,
Rekhi Centre of Excellence for
Science of Happiness,
IIT Kharagpur, India



Buxin Han
Professor, Chinese Academy
of Sciences, China



Ms Shveitta Sethi Sharma
Chief Happiness Officer and
founder, School of Happiness,
Hongkong



Dr Sandeep Singh Rana
Prof. & Dean
Dept. of Psychology
GJU, Hisar, Haryan, India



Dr Falu Rami
Military & Family Life
Counsellor, Germany



Dr Elizabeth Dewi
Head Of International Relations,
Department at Universitas Katolik
Parahyangan (UNPAR) Indonesia



Dr Urmi Nanda
Professor, Department of
Psychology, MS University
Baroda, India



Dr Rangana Rupavi
Founder Director, Vitality Living
College, India and London



Prof Sonia Suchday
Professor, Department
Chairperson, Pace university,
New York



Dr. Abbas Ali Mahdi
Prof. KGMU, Lucknow.
Fr. VC, Era University,
Lucknow, India



Dr Durgesh Upadhyay
Asso. Prof., Department
of Psychology, Kashi Vidhya
Pith University, Varanasi, India



Dr Sukanya Ray
Asso. Prof., Psychology,
Suffolk University,
Boston Massachusetts, USA



Dr Amrita Das
Chairperson & Managing
Director - ICS Education Ltd,
India



Prof Akbar Hussain
Professor, Dept of Psychology,
Aligarh Muslim University, India



Dr K.Venkataraman
Director - Projects & Programs,
Bhaktivedanta Hospital &
Research Institute,
Mumbai, India



Dr Jyotsana Agarwal
Asso. Prof.,
Department of Clinical Psychology,
NIMHANS
Bengaluru, India



Dr Madhurima Pradhan
Professor & Former Head,
Department of Psychology,
University of Lucknow, India



Dr Tushar Singh
Asso. Prof., Dept. of Psychology,
BHU, Varanasi, India



Dr Meeta Ghosh
Prof and Head, Department
of Happiness, Era University,
Lucknow, India



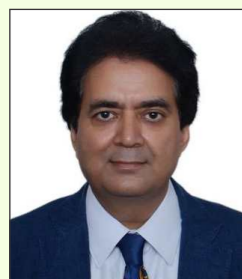
Dr B Udaya Kumar Reddy
President - ISMA Federation
Sr. Consultant - HETERO LABS Ltd.



Ms. Sunita Aron
Editor, Hindustan Times,
Mumbai, India



Dr. Sujata Satapathy
Associate Professor,
Clinical Psychology,
Department of Psychiatry, AIIMS,
New Delhi, India



Dr. Susheel Kamotra
Founder and CEO,
Mezbahn, Malaysia



Prof. Pallavi Bhatnagar
Fr. Head, Department of
Psychology, University
of Lucknow, India



Prof. N.K. Chadha
Emeritus Professor,
KR Mangalam University,
President, ICCA, USA
Fr. Prof & Head, Psychology Department,
Delhi University, India

ORGANIZING COMMITTEE

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Dean Student Welfare & Director
Amity University, Mumbai, India

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Kervy Centre's Manager of Information
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Calgary, Canada

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Lucknow Campus, India

Dr Ashutosh Shrivastava
Director, PSYUNI, Lucknow, India

Syed Sajid Husain Kazmi
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Amity University, Uttar Pradesh,
Lucknow Campus, India

AMITY CENTRE

OF EXCELLENCE FOR POSITIVITY & HAPPINESS

ABOUT ACEPH

Amity University Uttar Pradesh Lucknow Campus has a dedicated **Amity Centre of Excellence for Positivity and Happiness (ACEPH)**, aimed at promoting happiness and well-being, established in 2019. The Centre of Excellence has **4 Wings** namely Academic Wing, Creating Happy Spaces, Co-Curricular Wing and Extension Wing. ACEPH recognizes the importance of fostering and promoting happiness, positivity, and well-being in the lives of individuals amid the cumbersome, chaotic, and ever-indulgent schedules. ACEPH provides an excellent platform for academia and scholars of all ages and backgrounds to come together and exchange ideas and initiatives in the arena of happiness and well-being.

Vision of ACEPH

Creating an eco-system where happiness thrives at individual, organizational, social and spiritual levels to enhance well-being and vibrancy in and outside the Campus, make happiness contagious, encourage research on happiness and integrate it with public policy.

Mission of ACEPH

Academics, research, and co-curricular activities with students, faculty, and staff of Amity and other Universities, schools and colleges, Govt. and private organizations and corporates towards self - realization of happiness and enhancing the Quality of Life. Research evidence - based advocacy for creating the Ministry of Happiness and integration of Happiness Policy in all government programs and curriculum.

ACEPH Membership

Membership is open to students, professionals as well non-professionals, psychologists as well as non-psychologists. The major criteria is commitment to the values of ACEPH, as expressed in its mission, enthusiasm for participation in its activities and willingness to spread positivity.

MEMBERSHIP

CATEGORIES

ANNUAL MEMBERSHIP CHARGES		LIFETIME MEMBERSHIP CHARGES	
Indian Delegates	INR 1000	Indian Delegates	INR 1500
Foreign Delegates	50\$	Foreign Delegates	80\$

For payment details visit our website through the link given Below
www.amity.edu/lucknow/aceph

BENEFITS

OF MEMBERSHIP

- Membership allows a **20 percent** on lifetime membership and **10 percent** discount on annual membership for this conference and all the conferences in future registration package.
- Membership allows a **20 percent** on lifetime membership and **10 percent** discount on annual membership on any workshop and academic courses
- Notifications to all members about upcoming events, videos, audios, and podcasts and quarterly newsletter to all members with membership details to all members.

Pre-conference Workshops

The 1st ACEPH virtual International Conference on Happiness and Positivity- “Permanand: Philosophy, Psychology, and Physiology of Happiness” will be organizing pre- conference workshops by three eminent professionals in the domain of happiness. The hands-on-workshops will give skills for the attainment of Happiness, positivity, and well-being in our chaotic lives.

DETAILS OF WORKSHOPS



Health Healing & Happiness

Ms. Atman Parmar, Founder Redikall Healing System, on
Workshop 1- 27th September, 10.30 AM-1.00 PM IST (+5.30 GMT time)



Rhythms of mindfulness for being happy and well

Dr Saamdu Chetri, Fr Director, GNH Centre, Bhutan,
Consultant, Rekhi Centre of Happiness, IIT Kharagpur, India
Workshop 2- 27th September, 2.30 PM-4.00 PM (+5.30 Hrs GMT time)



How to Boost Happiness Naturally

Dr Rangana Rupavi Choudhuri, Founder Vitality Living College
Workshop: 3- 27th September, 5.30 PM-7.30 PM IST (+5.30 Hrs GMT time)

The workshops are free to attend. Those seeking certificate of Participation need to pay 250 INR per workshop for Indian Participants and 10 USD for foreign participants.

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REGISTRATION

Call For Papers



Oral Presentation

Be an oral presenter at the conference and present your research to a truly international audience. Presentation slots are limited, so early submission is strongly encouraged.



Poster Presentation

Submit your research paper to be a poster presenter and showcase your research findings to the global audience.



Publication

Selected research papers will be published in the edited book /scopus indexed journal. All accepted abstracts will be published in the conference abstract book.

Submission of Abstract, poster and full paper at aceph@lko.amity.edu

How to Submit Your Abstract

- **Cover page** should have
 - Title of the paper
 - Contact details - Correct spelling of first and last name, title and designation, affiliation, country
 - Email
- **2nd Page** -Paper Abstract - 250-words abstract with 4 keywords
- **Poster submission:** one single sheet only
- **Submit to** aceph@lko.amity.edu

Note: The cover page information will be used for official Letters of Acceptance, Letters of Invitation, Certificate and Conference Schedule, so please ensure correct spelling of names, affiliated institution etc.

- Submit well before the submission deadline to benefit from Early Bird or Advanced Registration rates.
- Your abstract will undergo double-blind peer review and the results will be returned to you **generally within 7 days.**
- If your abstract is accepted, you will be invited to register for the conference.
- **Full paper submission: Submit full paper by 20th Sept**

Registration form

Submit your research paper to be a poster presenter and showcase your research findings to the global audience.

Registration Type	Last Dates for Registration	Indian Participants		Foreign Participants	Amity Faculty
		Students	Faculty / Corporates		
Early Bird Registration	10 September, 2022	INR 450	INR 900	25 USD	INR 750
Advanced Registration	20 September, 2022	INR 750	INR 1200	40 USD	INR 950
Regular Registration	28 September, 2022	INR 950	INR 1400	50 USD	INR 1250

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IMPORTANT DATES

- Conference Dates: **28th September to 30th September 2022**
- Abstract Submission Deadline: **August 30th, 2022***
- Results of abstract review returned to authors: **Generally, within 7 days of submission**
- Early Bird Registration open till midnight of **10th September 2022**
- Advanced Registration open till midnight of **20th September 2022**
- Regular Registration open till midnight of **28th September 2022**
- Full paper submission by **20th September 2022**
- Registration for Workshops by **26th September 2022**

***Submit early to take advantage of the discounted registration rates.**

All submitted abstracts will be blind peer reviewed for acceptance.

Note: Full charged laptop in advance, Good network with videos on

For all submissions and queries write to aceph@lko.amity.edu

CONTACT US

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